

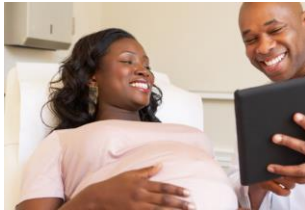
Community Resources in Northern Nevada



[Substance Use, Addiction and Recovery](#)



[Education](#)



[Infant and Children](#)



[Housing and Shelter](#)



[Employment and Unemployment Resources](#)



[Behavioral Health and Mental Health](#)



[Food Distribution and Groceries](#)



[COVID-19 Information and Other Community Resources](#)



[Health, Wellness and Dental](#)



[Social Services](#)



[Domestic Violence Resources and Help](#)



[Transportation](#)



[Financial Support and Programs](#)



[Legal and Immigration](#)



[LGBTQ](#)



[Events](#)



Substance Use, Addiction and Recovery

[In The Rooms](#)

Online NA and AA meetings.

[Alcoholics Anonymous](#)

AA meeting directory.

[Behavioral Health Nevada](#)

Database of behavioral health providers specializing in substance use disorder and co-occurring mental health disorder treatment services.

Crisis Text Line

Text **HOME** to **741741**

24/7 crisis text line for any type of crisis.

[Substance Abuse and Mental Health Services Admin. \(SAMHSA\)](#)

Toll-free **1-800-985-5990**

Mental health assistance to ensure substance abuse treatment is not disrupted during the COVID-19 pandemic.

[Narcotics Anonymous](#)

Narcotics Anonymous meeting directory.

24/7 Substance Use Disorder Hotline

Toll-free **1-800-450-9530**

Text **IMREADY** to **839863**

Nevada Department of Health & Human Services (DHHS)

Toll-free **1-800-985-5990**

Text **TalkWithUs** to **66746**

Substance abuse and mental health services. Admin. disaster distress hotline is 24/7.

[Catholic Charities of Northern Nevada](#)

395 Gould St

Reno, NV 89502

775.322.7073 Ext. 330

Substance use treatment program for men. Call first.

[Foundation for Recovery](#)

621 Pyramid Way

Sparks, NV 89431

Toll-free **1-800-509-7762**

Substance use treatment program and peer warm-line.

[The Life Change Center – Reno](#)

130 Vine St

Reno, NV 89503

775-900-8522

Substance use treatment program.

[The Life Change Center – Sparks](#)

1755 Sullivan Ln

Sparks, NV 89431

775-355-7734

Substance use treatment program.

[The Life Change Center – Carson City](#)

1201 N Stewart St

Carson City, NV 89701

775-350-7250

Substance use treatment program.



Education

[TMCC – Re-Entry Program](#)

475 Edison Way, Rm 119
Reno, NV 89502

775-442-4781

Academic support and services.
Personalized educational support and plan, paying for books and school supplies, gas cards, pre-employment expenses, etc.

[ABC Mouse](#)

Online education program for preschool through 8th grade.
Code for free program while it lasts:
SCHOOL7774

[Fluency & Fitness](#)

Learn and burn energy at home with free unlimited access to online topics for K through 2nd grade.

[Learn in Color](#)

Free online education for math, social studies, science and other.

[Northern Nevada Literacy Council](#)

1400 Wedekind Rd
Reno, NV 89512

775-356-1007

Helps adult learn and achieve their educational and career goals, including GED classes and testing.

[Washoe County School District](#)

Information regarding school reopening plans, school registration, food resources, educational resources, etc.

[University Of Nevada, Reno](#)

1664 N Virginia St
Reno, NV 89557

775-784-1110

School website. General information.
Guidance for alternate campus operations while classes are held online during COVID-19.

[Federal Student Aid](#)

Toll-free **1-800-433-3243**

TTY **1-800-730-8913**

Current FSA information during pandemic.

[King COVID & The Kids Who Cared](#)

Free downloadable book for children.
Tailored toward children to help them understand how COVID-19 works.

[Washoe County Library](#)

Current status of library offices, services and operational updates.



Infant and Children

[HPN 24/7 Advice Nurse](#)

Toll-free **1-800-288-2264**

Our 24/7 advice nurse is available to answer questions, provide self-care advice and help you decide whether to seek urgent care, emergency care, or schedule an appointment with your provider.

[Women & Children's Center of the Sierra](#)

3905 Neil Rd, #2
Reno, NV 89502

775-825-7395

Supportive services for women moving out of poverty. Services include ESL, GED education, job search and prep, diaper bank, crisis intervention and more.

[Eddy House](#)

888 Willow St
Reno, NV 89502

775-384-1129

Center for homeless, runaway, foster and at-risk youth. Food, clothing, hygiene items, safe and secure shelter, drop in center, supportive services, counseling services, life skills and more.

[Human Milk 4 Human Babies](#)

Facebook: Human Milk 4 Human Babies Nevada
Informed milk sharing network.

[REMSA](#)

775-858-5700 ext. 3139

Multiple programs including free car seat inspections, cribs for kids, hands only CPR and more.

[The Children's Cabinet](#)

1090 S. Rock Blvd
Reno, NV 89502

775-856-6200

Child and family resources/programs, child care resources, food, shelter, crisis intervention, case management, academic support, tutoring, transitional living, free family counseling and more.

[Boys & Girls Club of Truckee Meadows](#)

775-331-5437

Serves Reno, Sparks and Fernley areas. Programs, events and activities for youth age 6-18. Before and after school programs, school break programs, grab and go meals, food pantry and more.

[Beachbody for Kids](#)

FREE online workouts for kids through Beachbody online in order to stay healthy.

[YMCA 360](#)

On-demand at-home exercise classes at no charge for a limited time, for all ages. Sports classes and more for young people.

[Food Bank of Northern Nevada – Kids Café](#)

775-331-3663

Free meals for kids.

[Laughing Planet Café](#)

650 Tahoe St, Reno, NV 89509

775-360-2592

941 N. Virginia St, Reno, NV 89503

775-870-9633

Call to schedule a pickup for a free meal for kids on the MAP program.

[Immunize Nevada](#)

info@immunizenevada.org

775-624-7117

Look up immunization records, learn more about immunizations, find vaccine clinic locations and more.

[Family Resource Center – Central Reno](#)

1950 Villanova Dr.

Reno, NV 89502

775-321-3185

Social assistance for families; hygiene packs, utility assistance, food assistance, bus passes and more.

[Family Resource Center – Desert Skies Middle School](#)

7550 Donatello Dr.
Sun Valley, NV 89433
775-674-4411

Social assistance for families; hygiene packs, utility assistance, food assistance, bus passes and more.

[Family Resource Center – Sparks](#)

921 12th St.
Sparks, NV 89431
775-335-5733

Social assistance for families; hygiene packs, utility assistance, food assistance, bus passes and more.



Infant and Children

[WIC \(Women, Infants, and Children\)](#)

Multiple Locations

1001 East 9th St.

Reno, NV 89512

775-328-2299

Supplemental nutrition program for women, infants and children.

Breastfeeding services, supplemental foods, nutrition education and more.

[Urban Lotus Project](#)

775-319-7670

Trauma informed yoga and meditation for at-risk youth. Online classes and classes in the park. Visit website for class schedules.

Renown Health – Safe Kids

kmetz@renown.org

Virtual home safety education with maternal child educators, including information on immunizations and more.

[24/7 NowClinic Virtual Visits](#)

See a provider from your desktop computer or mobile device for common care issues or illnesses. Available to qualifying health plan members. Download the NowClinic app.

[Crisis Pregnancy Center](#)

853 Haskell St

Reno, NV 89509

775-826-5144

Free services and resources for women and men through pregnancy.

[ICAN Family Services](#)

Toll-free **1-833-828-6329**

Provides option of telehealth services to youth, adults and seniors in Nevada, including rural areas. Services available in English and Spanish.

Wanda's Closet

1290 Mill St

Reno, NV 89502

775-329-3211 – Call to make a reservation.

Provides essentials to infants and children under age 5. Diapers, clothing, food and more.

[Awaken Reno](#)

435B Spokane St

Reno, NV 89512

775-393-9183

Drop in center for women and youth who are victims of sexual exploitation. Access to food, showers, water and case management.

[Children's Mobile Crisis Response Team](#)

775-688-1670

702-486-7865 – Rural Nevada

Provides professional, same day intervention for youth experiencing mental health crisis.

[Salvation Army](#)

1931 Sutro St

Reno, NV 89512

775-688-4555 – select option 2

Diapers, formula, clothing vouchers, food pantry, bread and pastries, furniture vouchers and more.



Housing and Shelter

Eddy House

888 Willow St
Reno, NV 89502

775-384-1129

Center for homeless, runaway, foster and at-risk youth. Food, clothing, hygiene items, safe and secure shelter, drop-in center, supportive services, counseling services, life skills and more.

Awaken Reno

435B Spokane St
Reno, NV 89512

775-393-9183

Drop-in center for women and youth who are victims of sexual exploitation. Access to food, showers, water and case management.

PENFED Foundation

Emergency financial relief program, including possible funding relating to housing.

Safe Embrace

775-322-3466

Domestic violence resources and 24/7 crisis hotline for those forced to stay in a home environment with or in close proximity to an abuser.

Eviction/Housing Resource

FAQ regarding housing.

Casa De Vida

1290 Mill St
Reno, NV 89502

775-384-1854

Provides housing and supportive services for young pregnant women. This program is part of Eddy House.

NID Housing Counseling

775-322-5695

Offers foreclosure intervention counseling and mortgage default counseling.

Salvation Army

1931 Sutro St
Reno, NV 89512

775-688-4555 ext. 240

Rent/mortgage assistance. Call for details and to verify availability of resources.

Gospel Mission

355 Record St
Reno, NV 89512

775-323-0386

Offers a variety of services to those overcoming homelessness.

Volunteers of America

335 Record St
Reno, NV 89512

775-329-4141

Emergency shelter for veterans and men, including access to showers and laundry services. Restart program offers clinical and non-clinical services for eligible individuals and families who are homeless or at-risk of homelessness and have a mental illness.

Family Resource Center – Central Reno

1950 Villanova Dr.
Reno, NV 89502

775-321-3185

Social assistance for families including hygiene packs, utility assistance, food assistance, bus passes and more.

Family Resource Center – Desert Skies Middle School

7550 Donatello Dr.
Sun Valley, NV 89433

775-674-4411

Social assistance for families including hygiene packs, utility assistance, food assistance, bus passes and more.

Family Resource Center – Sparks

921 12th St.
Sparks, NV 89431

775-335-5733

Social assistance for families including hygiene packs, utility assistance, food assistance, bus passes and more.



Housing and Shelter

[Domestic Violence Resource Center](#)

775-329-4150

Offers emergency short-term housing in a confidential location, designed to shelter individuals and families. Offers many other supportive services.

[City of Reno](#)

435B Spokane St
Reno, NV 89512

775-393-9183

Drop-in center for women and youth who are victims of sexual exploitation. Access to food, showers, water and case management.

[Reno Housing Authority](#)

Section 8 housing, public housing and other housing related resources.

[The Children's Cabinet](#)

1090 S. Rock Blvd
Reno, NV 89502

775-856-6200

Child and family resources/programs, child care resources, food, shelter, crisis intervention, case management, academic support, tutoring, transitional living, free family counseling and more.

[State Veterans Home](#)

775-827-2955

Housing and other resources for veterans and their families.

[Northern Nevada Community Housing](#)

2757 Beck St
Reno, NV 89509

775-337-9155 x114

assistance@nnch.org

[Nevada Legal Services](#)

204 Marsh St, Ste 101
Reno, NV 89509

775-284-3491 ext. 316

renotrc@nlslaw.net

Free legal services and support regarding housing.

Washoe Legal Services – Tenants Rights

299 S. Arlington Ave
Reno, NV 89501

775-284-3491 ext. 316

renotrc@nlslaw.net

Information on Reno tenants' rights and legal services to those in need including questions about evictions during the eviction and foreclosure stay.

[RISE](#)

info@renoinitiative.org

The Reno Initiative for Shelter & Equality is a nonprofit organization. Their initiative is to cultivate a greater sense of dignity and humility by providing equal access to shelter, knowledge, and opportunity. They seek to create a stronger community through the use of shared resources and mutual aid.

[Catholic Charities of Northern Nevada](#)

500 E. 4th St
Reno, NV 89512

775-322-7073

Offers social support to families and individuals, including housing assistance to those who qualify.

[Our Place](#)

605 S. 21st St
Sparks, NV 89431

775-327-7501

Women and family shelter including many wrap around services.



Employment and Unemployment Resources

[USBG National Foundation Charity](#)

Bartender emergency assistance program providing immediate financial assistance for those in the hospitality industry who encounter temporary, emergent, financial hardship due to unforeseen and/or catastrophic life events. Eligibility for a BEAP grant is not based on loss of income. BEAP grants are not intended to serve as either wage or unemployment insurance, but may supplement these programs in certain circumstances.

[BlewCrew](#)

Staffing agency for part-time and full-time jobs. Download the **BlewCrew app** or visit the website to apply and find out more.

[Community Services Agency](#)

Agency assisting individuals and families to become self-sufficient through advocacy, results-based programs and community partnerships in Northern Nevada. Visit website to find out more and to search for jobs.

[FAQ: Unemployment Insurance](#)

[Disaster Unemployment Assistance](#)

Unemployment benefits for individuals due to a major disaster.

[Nevada Unemployment Insurance](#)

Instructions on how to bypass weekly work search activity page when filing weekly claims online.

[EmployNV](#)

Pandemic unemployment assistance. Visit website for more information or to apply.

[Department of Labor](#)

FAQ regarding COVID-19 and the workplace.

[Women & Children's Center of the Sierra](#)

3905 Neil Rd, #2
Reno, NV 89502
775-825-7395

Supportive services for women moving out of poverty. Services include ESL, GED education, job search and prep, diaper bank, crisis intervention and more.

[FAQ: CARES ACT for Small Business Owners](#)



Behavioral Health and Mental Health Resources

[Sanvello](#)

Behavioral health app providing a range of behavioral health supportive services.

[American Psychological Association](#)

Article on keeping your distance to stay safe, what to expect, how to cope and more.

[Behavioral Health Nevada](#)

A database of behavioral health providers.

[Optum](#)

Toll-free **1-866-342-6892**
24/7 free emotional support helpline, online resource guide and webinars.

Crisis Text Line

Text **HOME** to **741741**
Text 24/7 crisis assistance from anywhere in the U.S. about any type of crisis.

[Headspace](#)

Free access to Headspace Plus through 2020 for all U.S. healthcare professionals who work in public health settings.

The Trevor Project

Toll-free **1-866-488-7386**
Text **START** to 678678
24/7 hotline for LGBTQ youth.

CARE Team

Toll-free **1-877-283-2437**
Mental health support serving rural Nevada communities.

[Children's Mobile Crisis Response Team](#)

775-688-1670
702-486-7865 – Rural Nevada
Provides professional, same-day intervention for youth experiencing mental health crisis.

[Crisis Support Lines](#)

Toll-free **1-800-273-8255**
Text **CARE** to **839863**
24/7 mental health and crisis support services.

[National Alliance of Mental Illness \(NAMI\)](#)

775-242-4212
24/7 mental health support online or by phone.

National Suicide Prevention Line

Toll-free **1-800-273-8255**
Available 24/7

[TAPS Talks](#)

Virtual gatherings to bring comfort and connection.

[ICAN Family Services](#)

Toll-free **1-833-828-6329**
Telehealth for mental health services for medication management and therapy for youth and adults throughout Nevada.

Nevada Department of Health & Human Services (DHHS)

Toll-free **1-800-985-5990**
Text **TalkWithUs** to **66746**
24/7 substance abuse and mental health services and disaster distress hotline.

[Mobile outreach Safety Team \(MOST\)](#)

MOST@washoecounty.us
MOST is available to assess a person's mental health status and needs, directing and/or transporting them to the most appropriate resource to assist them and keep them out of the criminal justice system.



Food Distribution and Groceries

[Raley's](#)

Bulk delivery or pickup of \$35 ready to eat meals bag for orders of 20-1000.

EMAIL to request 24 hours in advance: community@raleys.com

[Boys & Girls Club of Truckee](#)

[Meadows](#)

Anne Studebaker **775-360-2401**

Xavier Gonzalez **775-360-2420**

Esmeralda Flores **775-360-2421**

Food pantry on Thursdays by appointment only and dependent on availability of supplies. Call one of the numbers listed above to schedule.

[Boys & Girls Club of Truckee](#)

[Meadows](#)

775-331-5437

Monday through Friday Grab & Go breakfast and lunch to drive-by-families or walk-up between 9 a.m. to 11 a.m. Visit website or call for locations and to confirm program details have not changed.

[Catholic Charities of Northern Nevada St. Vincent's Food Pantry](#)

500 E. 4th St

Reno, NV 89512

775-786-5266

Monday through Friday, 9 a.m. to noon and 1 p.m. to 4 p.m.

[Catholic Charities of Northern Nevada St. Vincent's Dining Room](#)

325 Valley Road

Reno, NV 89512

775-329-5363

Free hot lunch daily from 11:30 a.m. to 12:30 p.m. 7 days/week

[Food Bank of Northern Nevada](#)

775-331-3663

Food pantry at multiple locations and times. Visit website or call for location details and schedule.

[Food Bank of Northern Nevada](#)

775-331-3663

Mobile harvest at multiple locations and times. Visit website or call for location details and schedule. New schedule each month.

[Food Bank of Northern Nevada](#)

775-331-3663

The Emergency Food Assistance Program (TEFAP) has multiple locations and times available. Visit website or call for location details and schedule.

[Food Bank of Northern Nevada](#)

775-331-3663

Kids café dinner program serves free nutritious dinners to children ages 1-18. Visit website or call for location details and schedule

[Food Bank of Northern Nevada](#)

775-331-3663

Commodity Supplemental Food Program (CSFP) provides a box of nutritious food to low-income seniors 60 years and over. Multiple locations. Visit website or call for location details and schedule.

[Food Bank of Northern Nevada](#)

775-331-3663

SNAP Outreach (formerly food stamps) has multiple locations and times. Visit website or call for details and schedule.

[Meals on Wheels](#)

775-328-2575

Provides meals to homebound seniors who are at high nutritional risk. Visit website or call for more information and to apply.

[Salvation Army Reno](#)

1931 Sutro St

Reno, NV 89512

775-688-4555

Food pantry and bread line. Food boxes available 8 a.m. to 11 a.m. Bread line is located outside social services office. Call or visit website for more details.

[Washoe County Senior Center](#)

1155 E. 9th St

Reno, NV 89512

775-328-2575

Food distribution for seniors. One meal per day to seniors 60+ and qualified individuals. Multiple locations and times available. Visit website or call for details and schedule.

[Delivering with Dignity](#)

775-391-0525

Food delivery of high-quality meals directly to the most vulnerable individuals and families in the Reno/Sparks area. Call or visit website for more information and to sign up.

[Target](#)

Store hours reserved for vulnerable guests. Call your local store or visit website for store details near you.



Food Distribution and Groceries

Access to Healthcare

1-877-385-2345

AHN has been awarded emergency food delivery and purchase for seniors who are unable to leave their home during the COVID-19 pandemic. Call the AHN access medical resource line for questions and assistance.

Smart & Final

Store hours reserved for 60+, expectant mothers, those with disabilities and first responders in the medical field. Call your local store or visit website for store details near you.

Walmart

Dedicated senior shopping hours:
Every Tuesday 6 a.m. to 7 a.m.

Shopping Angels

702-526.9856

ShoppingAngelsNV@gmail.com

Free grocery delivery to those with impaired immune systems and 60+ seniors from community volunteers. Visit their Facebook page @Shopping Angels.

Family Resource Center – Central Reno

1950 Villanova Dr.

Reno, NV 89502

775-321-3185

Social assistance for families including hygiene packs, utility assistance, food assistance, bus passes and more.

Family Resource Center – Desert Skies Middle School

7550 Donatello Dr.

Sun Valley, NV 89433

775-674-4411

Social assistance for families including hygiene packs, utility assistance, food assistance, bus passes and more.

Family Resource Center – Sparks

921 12th St.

Sparks, NV 89431

775-335-5733

Social assistance for families including hygiene packs, utility assistance, food assistance, bus passes and more.

Whole Foods

Serving customers 60+ one hour prior to opening to the public. Call your local.

WIC (Women, Infants, and Children)

Multiple Locations

1001 East 9th St.

Reno, NV 89512

775-328-2299

Supplemental nutrition program for women, infants and children. Breastfeeding services, supplemental foods, nutrition education and more.

Smith's

Reserved store hours for seniors on Monday, Wednesday and Friday, 7 a.m. to 8 a.m. Call your local store or visit website for store details near you. store or visit website for store details near you.



COVID-19 Information and Other Community Resources

[HPN 24/7 Advice Nurse](#)

Toll-free **1-800-288-2264**

Our 24/7 advice nurse is available to answer questions, provide self-care advice and help you decide whether to seek urgent care, emergency care, or schedule an appointment with your provider.

[COVID-19 Testing Locator](#)

Find COVID-19 test locations near you.

[COVID-19 Case Updates](#)

Visit website to view COVID case updates for different counties in Northern Nevada.

[COVID-19 Resource Information](#)

Resource page on steps to take if you have COVID-19 symptoms.

[COVID-19 Facts](#)

Find facts and resources relating to COVID-19.

[COVID-19 Resource Guide](#)

COVID-19 related resource guide.

[Guia de recursos COVID-19](#)

[COVID-19 Resource Center - UHC](#)

COVID-19 resource center, symptom checker and diagnostic testing centers.

[Covid-19 Testing - Quest](#)

Quest Diagnostics has multiple testing locations. Visit their website to find one near you and for more information.

[COVID-19 Testing – Washoe County](#)

1350 N Wells Ave

Reno, NV 89512

775-328-2427 from 8 a.m. to 5 p.m.

Dial **311** after hours

COVID-19 testing for Washoe County residents.

[FAQ: Information for Veterans](#)

[FAQ: COVID-19, Health Insurance Coverage and Access to Services](#)

[Housing & Urban Development \(HUD\)](#)

Information regarding disease risk and homelessness. Links on website for COVID-19 resources, updates on community planning and more.

[Nevada Health Response](#)

Statewide information from DHHS and Governor's office pertaining to current status of COVID-19 and its impact on Nevada.

[United Way of Northern Nevada & the Sierra](#)

Information and resources surrounding COVID-19.

[National Alliance to End Homelessness](#)

Information concerning the homeless population and COVID-19.

[World Health Organization \(WHO\)](#)

Information and advice on COVID-19

[COVID-19 Nevada Resources – Battle Born Progress](#)

[COVID-19 Resources - The Nevada Independent](#)

[COVID-19 Resources for Providers of Homeless Services](#)

[Assistance League](#)

Statewide volunteer program helping children, seniors and veterans with many different programs.

[FAQ: Information for Tribal Communities through COVID-19](#)

[FAQ: Resources for Hospitals & Health Systems](#)

[Liberty Dental Plan](#)

Community resource site. Search by zip code.

[UndocuCouncil - Immigrant Resource Guide](#)

Resource guide created by immigrants for immigrants. Immigrants and refugees across the state of Nevada can find resources for sensitive immigration status during the pandemic.

[Immigrants Rising](#)

Tangible support for undocumented communities during COVID-19.



Health, Wellness and Dental

[24/7 NowClinic Virtual Visits](#)

See a provider from your desktop computer or mobile device for common care issues or illnesses. Available to qualifying health plan members. Download the NowClinic app.

[HPN 24/7 Advice Nurse](#)

Toll-free **1-800-288-2264**

Our 24/7 advice nurse is available to answer questions, provide self-care advice and help you decide whether to seek urgent care, emergency care, or schedule an appointment with your provider.

[National Hemophilia Foundation](#)

NHF offers webinars and other resources to help individuals learn more about home delivery for prescriptions and their insurance options.

[WellRX](#)

Toll-free **1-800-407-8156**

Discounted prescriptions.

[Beachbody for Kids](#)

FREE online workouts for kids through Beachbody online in order to stay healthy

[FamilyWize](#)

Prescription savings program.

[REMSA](#)

775-858-5700 ext. 3139

Multiple programs including free car seat inspections, Cribs for Kids, hands only CPR and more.

[YMCA 360](#)

On-demand at-home exercise classes at no charge for a limited time, for all ages. Sports classes and more for young people.

[Immunize Nevada](#)

info@immunizenevada.org

775-624-7117

Look up immunization records, learn more about immunizations, find vaccine clinic locations and more.

[Renown Health – Safe Kids](#)

kmetz@renown.org

Virtual home safety education with maternal child educators, including information on immunizations and more.

[Crisis Pregnancy Center](#)

853 Haskell St

Reno, NV 89509

775-826-5144

Free services and resources for women and men through pregnancy.

[305 Fitness](#)

20 free classes on YouTube. 305 Fitness is known for making cardio a dance party.

[Novocare](#)

Insulin cost assistance.

[Nevada Health Link](#)

Don't qualify for Medicaid? Find an affordable health individual plan that fits your needs and budget.

[Community Health Alliance](#)

Insurance enrollment assistance. CHA has seven health centers across Reno/Sparks that offer a wide range of services, including medical, dental and behavioral health care along with community education on health issues and outreach to underserved populations.

[CVS Pharmacy](#)

Free 1- to 2-day delivery on all medications and every day essentials.

[Walgreens](#)

Prescription delivery program, check website for full details.

[Walmart Pharmacy](#)

Drive-thru, no contact curbside pickup and mail delivery for prescription and other products at select locations.

[Raleys](#)

Free curbside prescription pickup.

[ICAN Family Services](#)

Toll-free **1-833-828-6329**

Provides option of telehealth services to youth, adults and seniors in Nevada, including rural areas. Services available in English and Spanish.

[Liberty Dental Plan](#)

Toll-free **1-866-609-0418**

[Community resources](#)

[Access to Healthcare](#)

Nonprofit medical discount program offering care management services and programs to support those they serve. Many programs available, check website for details.



Social Services

[Family Resource Center – Central Reno](#)

1950 Villanova Dr.
Reno, NV 89502

775-321-3185

Social assistance for families including hygiene packs, utility assistance, food assistance, bus passes and more.

[Family Resource Center – Desert Skies](#)

[Middle School](#)

7550 Donatello Dr.
Sun Valley, NV 89433

775-674-4411

Social assistance for families including hygiene packs, utility assistance, food assistance, bus passes and more.

[Family Resource Center – Sparks](#)

921 12th St.
Sparks, NV 89431

775-335-5733

Social assistance for families including hygiene packs, utility assistance, food assistance, bus passes and more.

[Community Services Agency](#)

Agency assisting individuals and families to become self-sufficient through advocacy, results based programs and community partnerships in Northern Nevada. Visit website to find out more and to search for jobs.

[Salvation Army](#)

1931 Sutro St
Reno, NV 89512

775-688-4555 – Select option 2

Diapers, formula, clothing vouchers, food pantry, bread and pastries, thrift stores, furniture vouchers and other social services.

[Eddy House](#)

888 Willow St
Reno, NV 89502

775-384-1129

Center for homeless, runaway, foster and at-risk youth. Food, clothing, hygiene items, safe and secure shelter, drop-in center, supportive services, counseling services, life skills and more.

[Catholic Charities of Northern Nevada](#)

500 E. 4th St
Reno, NV 89512

775-322-7073

Offers many social supports to families and individuals, including housing assistance to those who qualify.

[Helping Nevada](#)

Providing support for seniors by picking up and delivering supplies, food, toiletries, hand sanitizer and more.

[Social Security Administration](#)

Toll-free 1-800-772-1213
Social security and disability assistance.

[Women & Children’s Center of the Sierra](#)

3905 Neil Rd, #2
Reno, NV 89502

775-825-7395

Supportive services for women moving out of poverty. Services include ESL, GED education, job search and prep, diaper bank, crisis intervention and more.

[Volunteers of America](#)

335 Record St
Reno, NV 89512

775-329-4141

Emergency shelter for veterans and men, including access to showers and laundry services. Restart program offers clinical and non-clinical services for eligible individuals and families who are homeless or at-risk of homelessness and have a mental illness.

[Food Bank of Northern Nevada](#)

550 Italy Drive
Sparks, NV 89437

775-331-3663

email@fbnn.org

[American Sign Language Video](#)

CDC helping adults cope during an emergency.

[DMV - Department of Motor Vehicles](#)

See DMV reopening information and office locations. Limited services available during the pandemic. Please use online services available.

[Nevada CAN](#)

Assistance for homebound elders in NV. They can connect seniors to local providers, volunteer or government agency for your needs.

Shopping Angels

702-526.9856

ShoppingAngelsNV@gmail.com

Free grocery delivery to those with impaired immune systems and 60+ seniors from community volunteers. Visit their Facebook page @Shopping Angels.

[Tu Casa Latina](#)

775-432-9929

Relief services for immigrant men, women and children who are victims of crime, domestic violence, abuse, and trafficking in Northern Nevada.

[Medical Transportation Management \(MTM\)](#)

Toll-free **1-844-879-7341**

Non-emergency medical transport, covered by Medicaid for eligible individuals.



Social Services

Richwood Transport

608-219-8062

Holly.Richwood@gmail.com

Non-emergency medical transportation company. They are able to help deliver groceries and other needed essentials to people who are not able to leave their homes.

RTC Washoe

Public transport through bus, RTC access and more. Visit website to view schedules, routes and to view application for RTC access Washoe.



Domestic Violence Resources and Help

[Awaken Reno](#)

435B Spokane St
Reno, NV 89512

775-393-9183

Drop-in center for women and youth who are victims of sexual exploitation. Access to Food, showers, water and case management.

[Safe Embrace](#)

775-322-3466

Domestic violence resources and 24/7 crisis hotline available for those forced to stay in a home environment with or in close proximity to an abuser.

[Domestic Violence Resource Center](#)

775-329-4150

Offers emergency short-term housing in a confidential location, designed to shelter individuals and families. Offers many other supportive services in addition.

24/7 National Domestic Violence Hotline

Toll-free **1-800-799-7233**

Text **LOVEIS** to **22522**

[TMCC – Re-Entry & Displaced Homemakers Program](#)

Truckee Meadows Community College
7000 Dandini Blvd, RDMT 325
Reno, NV 89512-3999

775-673-7060

Displaced “homemakers” are provided services that can enable them to gain the knowledge, experience and self-esteem to become employed and self-sufficient.

[NV 211 – Domestic Violence Resources](#)

Resources for anyone experiencing domestic violence for groups, individuals and families.



Transportation

[RTC Washoe](#)

Public transport through bus, RTC access and more. Visit website to view schedules, routes and to view application for RTC access Washoe.

[Medical Transportation Management \(MTM\)](#)

Toll-free **1-844-879-7341**

Non-emergency medical transport, covered by Medicaid for eligible individuals.



Financial Support and Programs

[TMCC Re-Entry – SNAP & E&T Program](#)

Those enrolled in SNAP benefits may be eligible for furthering their education through TMCC or completing a job certification course with funding provided.

[USBG National Foundation Charity](#)

Bartender emergency assistance program providing immediate financial assistance for those in the hospitality industry who encounter temporary, emergent, financial hardship due to unforeseen and/or catastrophic life events. Eligibility for a BEAP grant is not based on loss of income. BEAP grants are not intended to serve as either wage or unemployment insurance, but may supplement these programs in certain circumstances.

[Federal Student Aid](#)

Toll-free **1-800-433-3243**

TTY **1-800-730-8913**

Current FSA information during pandemic.

[PENFED Foundation](#)

Emergency financial relief program.

[Reno Housing Authority](#)

Section 8 housing, public housing and other housing related resources.

[FAQ: CARES ACT for Small Business Owners](#)

[FAQ: Economic Impact Payments](#)

[Family Resource Center – Central Reno](#)

1950 Villanova Dr.

Reno, NV 89502

775-321-3185

Social assistance for families including hygiene packs, utility assistance, food assistance, bus passes and more.

[Family Resource Center – Desert Skies Middle School](#)

7550 Donatello Dr.

Sun Valley, NV 89433

775-674.4411

Social assistance for families; hygiene packs, utility assistance, food assistance, bus passes and more.

[Family Resource Center – Sparks](#)

921 12th St.

Sparks, NV 89431

775-335-5733

Social assistance for families including hygiene packs, utility assistance, food assistance, bus passes and more.

[Salvation Army](#)

1931 Sutro St

Reno, NV 89512

775-688-4555 ext. 240

Rent/mortgage assistance. Call for details and to verify availability of resources.

[Sun Valley General Improvement District](#)

775-673-2220

Temporarily suspending water shut-offs.

[The Children’s Cabinet](#)

1090 S. Rock Blvd

Reno, NV 89502

775-856-6200

Child and family resources and programs including child care, food, shelter, crisis intervention, case management, academic support, tutoring, transitional living, free family counseling and more.

[Catholic Charities of Northern Nevada](#)

500 E. 4th St

Reno, NV 89512

775-322-7073

Social support for families and individuals, including housing assistance to those who qualify.

[WellRX](#)

Toll-free **1-800-407-8156**

Discounted prescriptions.

[Novocare](#)

Insulin cost assistance.

[FamilyWize](#)

Prescription savings program.

[Access to Healthcare](#)

Nonprofit medical discount program. Offers care management services and programs to support those they serve. Many programs available, check website for details.

[Truckee Meadows Water Authority](#)

1355 Capital Blvd

Reno, NV 89502

775-835-8080

[The Division of Welfare and Supportive Services \(DWSS\)](#)

775-684-0505 - Julie Balderson

Apply online for welfare benefits, including Medicaid. Or call Julie to find out where you can pickup a paper application.

[FAQ: Corona Virus Relief Fund](#)

[WIC \(Women, Infants, and Children\)](#)

Multiple Locations

1001 East 9th St.

Reno, NV 89512

775-328-2299

Supplemental nutrition program for women, infants and children. Breastfeeding services, supplemental foods, nutrition education and more.

[Internal Revenue Service \(IRS\)](#)

Tax filing and impact payment information.

[United Way](#)

File taxes online for free with a simple tax return.

Financial Support and Programs

[FEMA Grant](#)

Funding under public assistance (PA) program, category B – emergency protective measures. Visit website for full details.

[Food Bank of Northern Nevada](#)

775-331-3663

SNAP Outreach (formerly food stamps) with multiple locations and times. Visit website or call for details and schedule.

[CORE \(Children of Restaurant Employees\)](#)

Grants and support for children of restaurant employees.

[Small Business Administration Loans](#)

Small business loan for COVID 19 relief.

[Small Business Administration – Paycheck Protection Program](#)

[NV Energy](#)

775-834-4700

Suspending disconnects for non-payment and waiving late fees and deposits.



Legal and Immigration Resources

[Guia de recursos COVID-19](#)

[FAQ – Information for Immigrants](#)

[UndocuCouncil - Immigrant Resource Guide](#)

Resource guide created by immigrants for immigrants. Immigrants and refugees across the state of Nevada can find resources for sensitive immigration status during the pandemic.

[Immigrants Rising](#)

Tangible support for undocumented communities during COVID-19.

[Tu Casa Latina](#)

775-432-9929

Relief services for immigrant men, women and children who are victims of crime, domestic violence, abuse, and trafficking in Northern Nevada.

[Catholic Charities of Northern Nevada](#)

500 E. 4th St
Reno, NV 89512

775-393-3877

Offers immigration assistance. Call ahead to make an appointment and verify walk-in hours.

[Nevada Legal Services](#)

775-284-3491 ext 316

204 Marsh St, Ste 101
Reno, NV 89509

Toll Free: [1-800-323-8666](tel:1-800-323-8666)

Fax: **775-284-3497**

renointake@nlslaw.net

Free legal assistance to eligible clients for different needs including 'ask-a-lawyer' events. See online calendar for details.

[Washoe Legal Services](#)

299 S. Arlington Ave
Reno, NV 89501

775-329-2727

intakeuser@washoelegalservices.org



LGBTQ+

The Trevor Project

Toll-free **1-866-488-7386**

Text **START** to **678678**

24/7 hotline for LGBTQ youth.

OUR Center

1745 South Wells Ave

Reno, NV 89502

775-624-3720

Center provides Northern Nevada's LGBTQ community with access to advocacy, support, educational programs, services and resources.

Northern Nevada HOPES

Northern Nevada transgender resource guide including advocacy and allies, medical, transition services and products, mental health services, spiritual support and other resources.

Promotes support, education & advocacy (PFLAG)

Transgender Allies Group (TAG)

Meetings, information, transition forms and other resources.

Spectrum Northern Nevada

info@spectrumnv.org

Connecting LGBTQ people and allies to the community.

Northern Nevada LGBTQ Leadership Alliance (NALA)

NALA aims to bring the LGBTQ leadership of Northern Nevada together in greater solidarity.



Events

[HPN Community Outreach Calendar](#)

View calendar to find out where you can stop by and meet the HPN Medicaid Outreach team.

